September/October 1990 Volume 15, Number 5

News for You

A summary of recent news stories from the University of California, San Francisco

UCSF

UCSF Archives

SFGH in the 1930s: UCSF faculty LeRoy Briggs, Herbert C. Moffitt and Salvatore Lucia attend clinical pathology lecture given by Jesse Carr.

Party in the Mission

City To Celebrate More Than a Century of Partnership Between SFGH and UCSF

The year was 1864. Roller skating first became a trend in America. "In God We Trust" first appeared on US coins. Grant took over as commander of the Union armies.

In San Francisco, we were at the end of the Gold Rush days. Dr. Hugh H. Toland opened his medical school (later to become part of UC San Francisco) next door to the City and County Hospital at Stockton and Francisco Streets, which had opened seven years earlier. The following year, Toland was granted permission to use the hospital to teach clinical medicine.

Who would have guessed that this would be the beginning of a long-standing partnership between UCSF and San Francisco General Hospital, one that today is stronger than ever—together fighting life-threatening diseases including AIDS, together becoming a leader in emergency trauma care, together offering special services for women and children, workers with occupational-related diseases, and those with inherited disorders such as sickle cell anemia. It is a partnership that has helped to make SFGH what *US News & World Report* calls "one of the top 57 medical centers in the country."

To celebrate this achievement and more than a century of working together to provide health care for the people of the City, Mayor Art Agnos and UCSF Chancellor Julius Krevans are inviting the entire city to SFGH on Saturday, October 13, from 10 a.m. to 4 p.m. Some 10,000 revelers are expected to be part of the festivities.

This truly will be "the public party with a heart." Held at 1001 Potrero Avenue (between 21st and 23rd Streets in the Mission District), the party will boast many activities for the entire family.

People are encouraged to take public transportation to the event. SFGH is served by MUNI Lines #33 Stanyan, #9 San Bruno and the #48 Twenty-fourth Street. The most convenient BART service is at 24th and Mission. For more information on the celebration, call 476-3954.

The day will feature fun and entertainment for all ages, a health fair, tours of selected hospital services and research laboratories, a community resources fair, and ethnic food booths. Just look at what's in store:

Entertainment

Local artists, singers, dancers, musicians, mimes and jugglers will grace the stages on the SFGH hospital grounds. It is only fitting that SFGH, a hospital for all people, will feature entertainment from several diverse areas of the City, people in neighborhoods which have been served by the hospital for the last century. From gospel choirs from local churches to music by members of the gay and lesbian community, from ethnic dance and Chinese music ensembles to rap singers, from circus activities to the deYoung Museum Art Truck, from Latina music to a visit from Bart Simpson, they'll all be there... will you?

SFGH · UCSF · 100 YEARS OF PARTNERSHIP

Many other individuals and groups will be featured, including students and faculty from the McAteer School of the Arts, the George Washington High School Choir, and the Lincoln High School Madrigal Singers.

Family Health & Science Fair

Make your way beyond the scores of entertainers, and just follow your nose to the big tent on the lawn. Under it you'll find all the health-related information you need to keep yourself and your family healthy. Doctors, dentists, nurses, midwives, pharmacists, dietitians and others will explain how to quit smoking, care for your teeth, have healthy babies, keep your children safe in a car accident, and avoid developing such health problems as diabetes, hypertension and high cholesterol. You'll learn the best way to stay healthy.

In addition to many other activities, children will be able to play with casts and crutches. Tons of free items will be given out, including toothbrushes and tooth paste, infant formula, and condoms.

Tours & Open House

Tours of the hospital and research areas will depart every half hour from the main hospital entrance. You will be able to see the emergency room, the clinical laboratories, where a host of diagnostic tests are

(continued on back page)

In Brief

Save-a-Life Saturday, September 8

Get free CPR training and a free ticket to the Giants game on September 8 when the third annual Save-a-Life Saturday takes place at Candlestick Park. Up to 4,000 tickets are available for those who participate in a one-hour training session prior to the game against the Houston Astros. The training consists of a film and hands-on instruction in cardiopulmonary resuscitation. The hands-on portion of the program will take place on the playing field. Sessions are scheduled for 8 a.m., 9 a.m. and 10 a.m.

CPR instructors from throughout the Bay Area will staff 200 training stations. The event is sponsored by UCSF, the Giants and American Red Cross. For more information, call 1-800-GIVE CPR.

New Diagnostic Lab Uses DNA Analysis

A new laboratory that applies the latest DNA analysis techniques to the routine diagnosis of disease has been created at UC San Francisco.

The Molecular Diagnostics Laboratory is among the first of its kind in a hospital. Cystic fibrosis, sickle cell anemia, tuberculosis and leukemia are among the diseases for which DNA testing is offered. The lab's services are available to hospitals and physicians throughout Northern California.

Laurel Heights EIR Hearing

The Supreme Court's mandated hearing on UCSF's most recent Laurel Heights EIR is scheduled for September 27 in San Francisco Superior Court. The EIR was approved by the Regents at their May meeting. The hearing will determine if the EIR is consistent with the California Environmental Quality Act and the Supreme Court's December 1, 1988 ruling. After the hearing, the judge will take the case under consideration and will have 90 days to render a decision.

Just Say No to Mussels

Shellfish lovers are warned not to eat mussels collected along the California coast from May through November. The mussels, along with scallops, clams and cockles, may contain a fatal poison. Shellfish sold in markets and restaurants are tested and therefore considered safe. This warning comes from the San Francisco Regional Poison Control Center. For any poison information or in the case of an emergency, call the Center 24 hours at 476-6600 or 1-800-523-2222.

Learn About Health Careers at October Fair at UCSF

Neighbors of UCSF are invited to learn about careers in the health field at a fair on Thursday, October 18, from 4 to 7 p.m. in the Millberry Union gym, 500 Parnassus Avenue. Designed for students and adults, this event provides a chance to talk informally about opportunities in the health professions with UCSF Medical Center specialists from a variety of departments.

Two days later, the Medical Center is sponsoring the annual UCSF Children's and Family Health Fair, on Saturday, October 20, from 10 a.m. to 3 p.m. It will feature more than 30 hands-on exhibits devoted to good health, disease prevention and safety, plus behind-the-scenes tours of research labs and medical center departments.

For more information on both events, telephone Ellen Call at 476-1848.

What's happening

September/Octob
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events at UC San

SFGH Celebration October 13

Sat., Oct. 13 ___ 125th

To celebrate more than a century of working together to provide health care for the people of San Francisco, UCSF and San Francisco General Hospital invite the entire city to a full day of fun, entertainment and health & resource information at SFGH, 1001 Potrero St., between 21st & 23rd Streets. 10 a.m.-4 p.m. Some of the activities include:

- Entertainment: Local artists, singers, dancers, musicians, mimes, jugglers, the deYoung Museum Art Truck, circus activities and even a visit from Bart Simpson.
- Family Health & Science Fair: Health professionals show adults how to stay healthy, quit smoking, keep children safe in a car accident & more. In addition to many other activities, children can also play with casts & crutches. Health care products will be given away free.
- Tours: 1-hour tours of hospital & research areas will depart from the front of the hospital every half hour between 10 a.m. & 4 p.m.
- Resource Fair: SFGH, UCSF & community programs on medical, housing, legal, language, career, nutrition & health-related services will provide information & materials about their services & how to use them.

(See full story on page 1.)

Brown Bag Lectures

All lectures are free and held on Wednesdays at noon in Rm. 300 Health Sciences West, enter through 513 Parnassus. For further information call 476-4394.

Sept. 5
Your Skin vs. a Chemical Environment.

Sept. 12
Ten Commandments of Medication Use.

Sept. 19
The Decline of Manly Drinking.

Sept. 26
Dare to Do It: Mastering Risk.

Oct. 3
Choice & Transformation.

Oct. 10
An Update on Ethical Issues in Dying & Death.

Oct. 17
Mysteries of the Immune System.

Oct. 24
Mythinformation: Stage Fright is Natural.

Oct. 31
Charisma: How Much Do You Want?

Bay Area Women in the Marketplace

A lecture series devoted to successful women entrepreneurs in the Bay Area. Co-sponsored by Campus Tours/Speakers Bureau and Women's Resource Center. All lectures held at noon in Rm. 303 Health Sciences West, enter through 513 Parnassus. Call 476-4394 or 476-0400 for information.

Tues., Oct. 2
Zoya Smithton. Owner/broker, American Property Exchange.

Tues., Oct. 16
Karen Behnke. President, Execu-Fit.

Tues., Oct. 30
Francee Covington. President, Francee Covington Video Productions.

Volunteer Orientation

Program to acquaint new & prospective volunteers with opportunities available in the Medical Center at UCSF. Held in Rm. 191 Long Hospital, 505 Parnassus, on the Tuesdays listed below. For further information call 476-1196.

Sept. 4, 2-4 p.m.
Sept. 18 & Oct. 16, 6-8 p.m.
Oct. 2, 9-11 a.m.

Campus Tours

All tours are free and take place at 1 p.m. on Tuesdays, Sept. 4, 11, 18, 25 and October 2, 9, 16, 23 & 30. Meet in the lobby of Medical Sciences building, 513 Parnassus. For further information call 476-4394.

Cole Hall Cinema

Films are shown on Thursdays and Fridays in Cole Hall, 513 Parnassus. Children under 14 $2; UCSF students & Millberry Union members $2.50; seniors $3; general $3.50. Call 476-2542. (Movies may be subject to change.)

Sept. 20 at 5:45 & 8 p.m.
Sept. 21 at 6:30 & 8:45 p.m.
My Left Foot.

Oct. 4 at 5:45 & 8:15 p.m.
Oct. 5 at 6:30 & 9 p.m.
Pretty Woman.

Oct. 11 at 5:45 & 8:15 p.m.
Oct. 12 at 6:30 & 9 p.m.
The Cook, The Thief, His Wife & Her Lover.

Oct. 18 at 5:45 & 8:15 p.m.
Oct. 19 at 6:30 & 9 p.m.
Die Hard II.

Oct. 25 at 5:45 & 7:45 p.m.
Oct. 26 at 6:30 & 8:30 p.m.
Long Time Companion.

Paths of Healing & Wholeness

All talks are free and held on Fridays at noon in Rm. 721, Nursing Bldg., enter through 521 Parnassus. Workshops are from 7-9 p.m. in Rm. 717, Nursing Bldg. Call Marie Lehrer at 476-3939.

Sept. 7
Creating an Ideal Relationship.

Mon., Sept. 10
Follow-up Workshop: Attracting Your Soulmate. $20.

Sept. 14
Dancing with Life on the Line.

Sept. 21
You Are in Charge: The Ina Marx Method.

Sept. 28
Making It Easier for Gifted Children to Become Well-Integrated Adults.

Oct. 5
Co-Dependency: Self-Nurturing & Recovery.

Oct. 12
The Interface of Stress & Emotional Health Stress.

Oct. 19
Transformational Movement & Expression.

Oct. 26
Reclaiming Your Authenticity & Joy in an Unauthentic World.

Wed., Oct. 31, Nov. 7, 14, 21 & 28
Follow-Up Workshop: Communing vs. Healing. $75.

Salute to Science ___ 125th

An exhibit from October to March in recognition of UCSF's 125th Anniversary. California Academy of Science, Golden Gate Park. Regular admission. Free parking.

Special Events

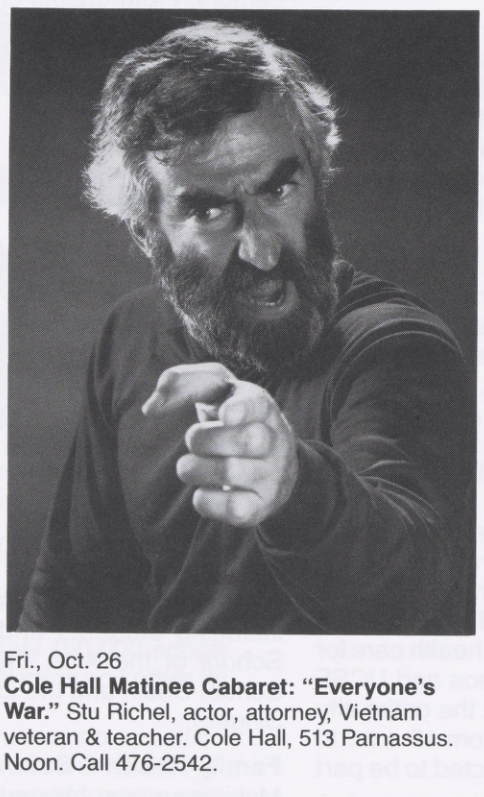
Tues., Sept. 4
Auditions for the UCSF Community Chorus. Cole Hall, 513 Parnassus. 5:30 p.m. Call Adrian Horn at 566-8096 for information.

Sat., Sept. 8 ___ 125th
"Save-a-Life Saturday." Learn cardiopulmonary resuscitation from UCSF volunteer instructors before the game at Candlestick Park. Co-sponsored by the SF Giants. One of UCSF's gifts to the citizens of SF as part of our 125th anniversary. Sessions at 8, 9 & 10 a.m. Call 1-800-GIVE CPR for information. (See news item for full details.)

Mon., Oct. 1
Wed., Oct. 3
Thurs., Oct. 4
The Edlos: "Bad Boys of A Cappella." Free entertainment by one of San Francisco's hottest new singing groups. At Mount Zion Hospital of UCSF on Oct. 1; at San Francisco General Hospital on Oct. 3; at UCSF/Mission Center Building on Oct. 4. Noon. Call 476-6761 for exact locations.

Thurs., Oct. 18
Careers in Health. Students & adults may talk informally with Medical Center specialists. Millberry Union Gym, 500 Parnassus. 4-7 p.m. Call 476-1848. (See news item for details.)

Sat., Oct. 20
UCSF Children's & Family Health Fair. More than 30 exhibits devoted to good health, disease prevention & safety. Millberry Union Gym, 500 Parnassus. 10 a.m.-3 p.m. Call 476-1848.



Fri., Oct. 26
Cole Hall Matinee Cabaret: "Everyone's War." Stu Richel, actor, attorney, Vietnam veteran & teacher. Cole Hall, 513 Parnassus. Noon. Call 476-2542.

Community Health Talks

A series of free lecture/discussions sponsored by Office of Public Service Programs held at UCSF Laurel Heights (LH), 3333 California St., or the Parnassus campus (P), Room 302 Health Sciences West (enter through 513 Parnassus) from 7-8:30 p.m. Free parking available. Call 476-3206 for complete schedule.

Thurs., Sept. 6
Snoring & Other Sleep Disorders. (P)

Thurs., Sept. 13
Depression in Adults & Children. (LH)

Women's Programs

Unless otherwise noted, events sponsored by UCSF Women's Resource Center. For recorded program information and some locations, call 476-0400. To pre-register call 476-5836.

Tues., Sept. 11
The Politics of Humor. Amusing & insightful video exploring feminist humor. Toland Hall, 533 Parnassus. Noon-1 p.m.

Tues., Sept. 18
Man to Man: Talking About Sex & Violence. Lecture & open discussion on how sex & violence effect men's lives. Sponsored by Rape Prevention Educ. Prog. Toland Hall. Noon-1 p.m. Call 476-5222 to pre-register.

Tues., Sept. 25
Off the Scales. Fat Lip Readers Theater entertains while fighting discrimination against fat people. Location TBA. Noon-1 p.m.

Tues., Oct. 9
You've Come a Long Way, Cutie. Sylvia Chase, KRON-TV 4, discusses stereotyping and under-employment of women in the television industry. Location TBA. Noon-1 p.m.

Thurs., Oct. 18
Women Welcome Women with Comedy: Just for Laughs III. Featuring three Bay Area comediennes: Diane Amos, Margaret Cho & Karen Ripley. Millberry Union Combined Lounges, 500 Parnassus. 5:30-8 p.m.

Tues., Oct. 23
Words Can Never Harm Them? Achieving Racial Harmony Among Elementary School Children. Exploring racism as a moral issue & what role schools should play. Lottye Clayton, Emerson Elementary, Oakland. Location TBA. Noon-1 p.m.

Tues., Sept. 18
Family Law Plainly Spoken. Family lawyer Lauren Naor answers questions on support, custody, adoptions and other legal situations. Part of the Support Group for Divorced & Separated Women Speaker Series. Location TBA. Noon-1 p.m.

Tues., Oct. 16
Sex: Is It Worth the Trouble? Counselor and columnist Isadora Allman discusses intimacy issues. Part of the Support Group for Divorced & Separated Women Speaker Series. Location TBA. Noon-1 p.m.

Outdoors Unlimited

Outdoors Unlimited provides skills training, equipment rentals, trip planning information and a place to meet others with similar interests. For more information call 476-2078.

Tues., Oct. 16
Welcome to Outdoors Unlimited. OU Center, Parnassus & 4th Aves. 7 p.m.

Sat., Oct. 27
Halloween Boogie Benefit. Featuring *Blues Disaster.* $5 students, $10 general. Millberry Union Conference Center, 500 Parnassus.

AIDS Programs

Sponsored by UCSF AIDS Health Project. For more information call 476-6430.

Events:

Living with HIV Public Forums. Call 476-6430 for schedule.

Services:

Individual Risk Assessments & Referrals. By appointment. Free.

Support Groups.
Drop-in & eight-week facilitated groups for men & women with AIDS, ARC or HIV infection, in a risk group or otherwise affected.

Positives Being Positive.
Anonymous support groups in the community for people who have tested HIV positive but have not developed symptoms of AIDS or ARC.

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News and
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Senior Health Education Program

Free lectures by UCSF staff geared to senior citizens. Schedules are subject to change. Call 476-3206 for complete schedule and to confirm events.

Wed., Oct. 3
Pain. Powell Day Health Center, 1441 Powell. 1 p.m.

Tues., Oct. 16
Over the Counter Drugs. Calvary Presbyterian Church, 2515 Fillmore St. 11 a.m.

Thurs., Oct. 18
Home Safety & Evaluation. On Lok Broadway Day Health Center, 831 Broadway at Powell. 1 p.m.

Breast Cancer Screening

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient Bay Area locations. The procedure takes approximately 20 minutes and costs $50. Your physician's approval is required. For appointments call 476-2193 between 9 a.m. and 3:30 p.m.

Sept. 4-7
Richmond District. On 7th Ave. between Geary & Clement Sts.

Sept. 10-14
Westlake Shopping Center. Daly City, on Park Plaza Dr. near Safeway.

Sept. 17-21
UCSF-Laurel Heights. 3333 California St. in parking lot on left.

Sept. 24-28
Embarcadero. On Drumm St. between Sacramento & Clay Sts.

Oct. 1-5
Marina Green. Parking lot near Goodwill shed & Fort Mason.

Oct. 8-11
Taraval St. Between 17th & 18th Aves.

Oct. 12
Hamlin School. 2120 Broadway between Fillmore & Webster. Call Ronnie Chernick at 668-2279 for appointment.

Oct. 15-19
Levi Strauss Plaza. On Battery St. between Union & Greenwich Sts.

Oct. 22-26
Sunset District. On Irving St. between 25th & 26th Aves.

Blood Donation

Tues., Oct. 16
Campus Blood Drive. Blood may be given in Millberry Union main lounge, 500 Parnassus, 8 a.m.-2 p.m. and School of Nursing Bldg. mezzanine level, enter through 521 Parnassus, 11:30 a.m.-6 p.m.

UCSF
University of California, San Francisco
News and Public Information Services
513 Parnassus Avenue
San Francisco, CA 94143-0462

His feet pointed inward and his soles faced sideways.

It was God's anger.

How else could she explain it? For her unkind words to a man with club feet, Atanasia Mendez gave birth to a son, Bonifacio, with the same disability.

No one in her Guatemalan town questioned her explanation or whether anything could be done to fix Bonifacio's twisted feet. Medical care was rudimentary at best. Besides, Bonifacio was not alone. Others in the town also had the same defect.

And of course, it was the will of God. You learn to live with God's will.

Which is what Bonifacio did. His feet pointed inward and the soles faced sideways. He lived with few limitations, though. He rode his bicycle. And he even played soccer. The townspeople treated him well. They knew him as smart, earnest, ambitious, and above all, determined.

But things changed when Bonifacio arrived in San Francisco several years ago. In his early twenties and on his own, he bused tables and washed dishes to earn a living. He stood eight hours a day —more than he had ever done before. So much standing hurt his feet. Finally, he could no longer take the pain.

Bonifacio quit and then sought help from the state rehabilitation department. That's where he met counselor Lily Soto. Soto suggested that surgery might be able to change what genetics had decreed. Bonifacio immediately agreed to find out.

Straightened feet would mean job opportunities, first and foremost. But Bonifacio also thought about marriage. What woman, he reasoned, would want to marry a cursed man?

Soto guided Bonifacio, who spoke little English, through the public health care system. She made an appointment for him with Richard Gosselin, attending orthopedic surgeon at the affiliated San Francisco General Hospital and an assistant professor at UC San Francisco.

Gosselin explained that Bonifacio faced an arduous path. Unlike a child's flexible bones and tissue, an adult's bones and tissue resist the radical reshaping necessary. Gosselin warned Bonifacio about intense pain following the surgery. About a long recovery. About the possibility of two or three operations if the first proved unsuccessful and, although unlikely, about how Bonifacio could lose his feet to infection.

But Bonifacio was undeterred. He saw his chance and took it. In a five-hour operation, Gosselin cut away bones and joints. He created new joints with stainless steel and literally resculpted Bonifacio's feet and ankles.

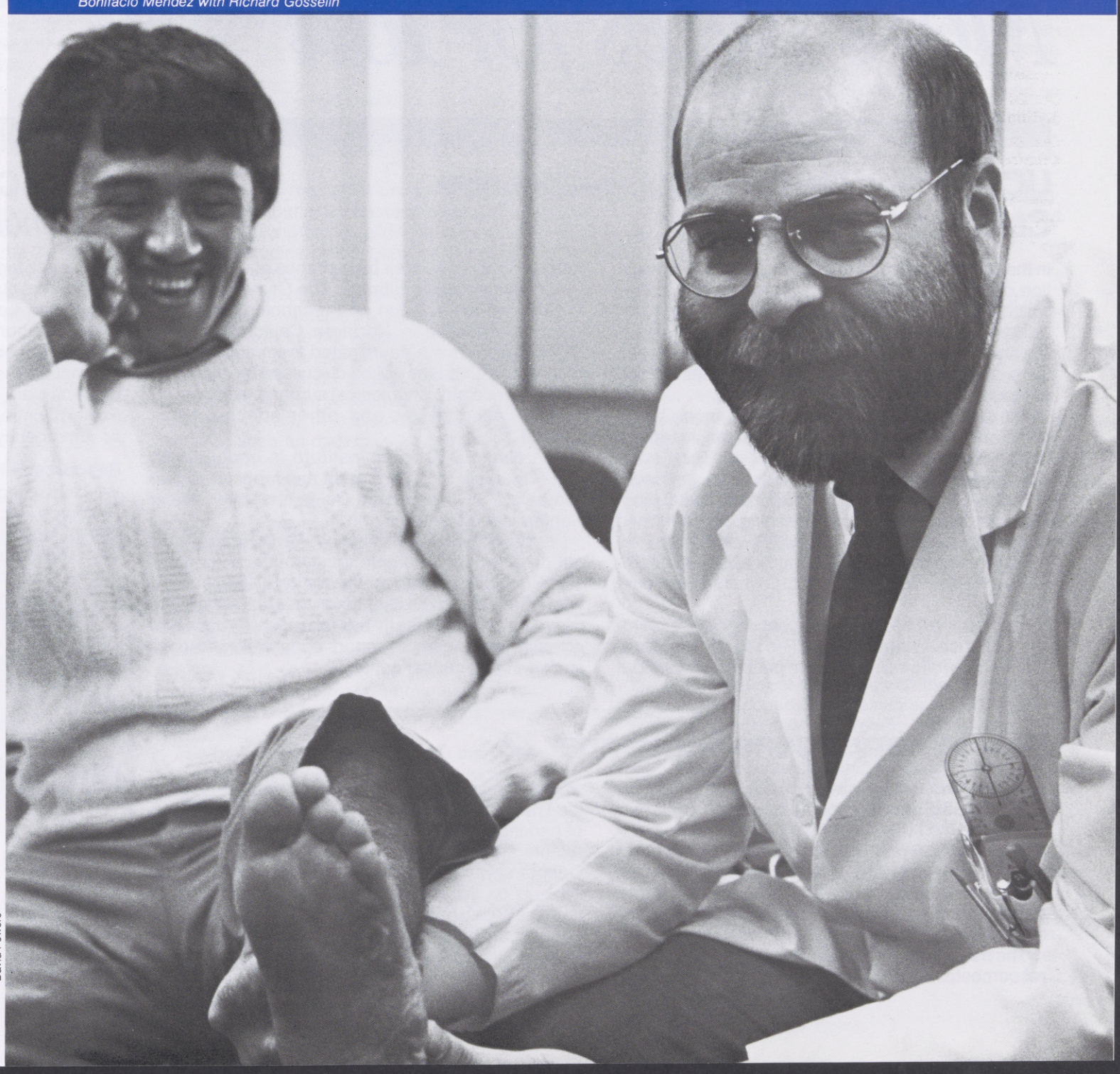
Bonifacio came out of surgery with both legs in casts. He wore the casts for nearly five months. He got around with a wheelchair and then a walker. When the casts were removed, Bonifacio, for the first time, set foot on the ground with the soles of his feet.

Bonifacio can't stand or walk for too long yet—he's still learning how to use these new feet. But every day he gains strength and stamina. And he's ready now to go back to work. He's looking for a job.

As a sign of how far Bonifacio has come, he replaced the specially made shoes he once wore for something more fashionable. He now wears Reeboks. And a wide smile for a better future.

—Marshall Krantz

Bonifacio Mendez with Richard Gosselin



David Powers

September/October 1990

To Our Neighbors

SFGH/UCSF Partnership Celebration October 13

New Regional Comprehensive Cancer Center

New Library Opens September 12

University of California, San Francisco
513 Parnassus Avenue, San Francisco, CA 94143-0462

More News for You

UCSF Plans Regional Comprehensive Cancer Center

In the first concrete action to come out of the integration of UCSF with the Mount Zion Medical Center, which became official on July 1, UCSF Chancellor Julius Krevans, has announced plans to develop a regional Cancer Center, with headquarters and a large component of the patient care activities located at Mount Zion.

The decision to establish a regional Cancer Center came after a year of planning led by Dean Joseph B. Martin of the UCSF School of Medicine. The Center will serve as an umbrella for all aspects of cancer activities—patient care, early detection and diagnosis, treatment, prevention, teaching, and basic and clinical research—at all four UCSF sites, the Parnassus campus and Moffitt/Long Hospitals, the affiliated SF General and VA Medical Centers, and Mount Zion.

Emphasis will be focused on patient care, according to Bruce Wintroub, UCSF associate dean at Mount Zion, providing cancer patients throughout Northern California their best chance at early detection, diagnosis and treatment. The Center will utilize state-of-the-art science and technology, some of which is available in Northern California only at UCSF. It will have a coordinated team approach, in which patients' cases will be discussed by experts in medical oncology, oncological surgery, radiation oncology, immunology, and other specialists as needed.

The National Cancer Institute is encouraging UCSF to apply for a core grant and formal designation as an "NCI-sponsored Comprehensive Cancer Center," according to Martin.

"I believe very strongly that Northern California needs a regional comprehensive cancer center," said Brian Kimes, PhD, of the National Cancer Institute, who is associate director for the Cancer Centers programs. "UCSF clearly has the research base and diversity of research support upon which to build such a strong cancer center."

New Library Opens September 12

What was once a large cavernous hole on the corner of Third and Parnassus has become UCSF's new library.

After some 28 months of construction, Chancellor Krevans will officially open the new library on Wednesday, September 12, at 9 a.m. The formal dedication will be held next spring as part of the campus Founders Day.

The new library boasts GALEN, a computer-based resource to replace the card catalogue system, which promises to make finding any book much easier. The library has 60 percent more space, two floors of parking and ready access to books once held in remote storage. Acting University Librarian Richard Cooper says that the books used the most often will be kept on the main floor, the most recent bound journals will be one floor below, while Archives will be housed on the bottom floor. For a full schedule of library tours for the community, call 476-2534.

SFGH Celebration Party *(continued)*

performed, the operating room, the Gladstone Laboratories, the Gallo Center, the Russell Arthritis Laboratory, the Lung Biology Center and many other research laboratories. Researchers will demonstrate the sophisticated equipment they use to perform experiments. Certain areas of SFGH—such as the physical plant, the library, and the Bay Area Regional Poison Control Center—also will be open to the public. Emergency vehicles will be on display.

Resource Fair

Winding along SFGH's circular driveway will be a Resource Fair, where 100 different medical, housing, legal, language, career, nutrition and health-related resource groups from SFGH and UCSF as well as the community will provide information on their services. Successful programs dealing with children, the elderly, refugees, the disabled, women, gays and many individual ethnic communities will be featured.

This event is being supported by donations from corporations—including Genentech, Intra-Trade Medical Corp., PG&E, Proctor and Gamble, Merck, Sharp & Dohme—and by private donations.

University of California, San Francisco